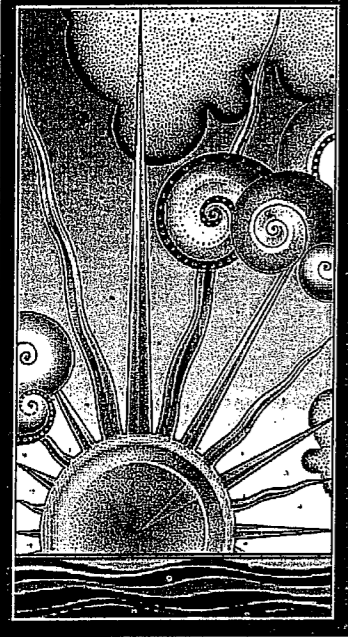


SOMERSET COUNTY
OFFICE
ON AGING



Location and Hours of Operation

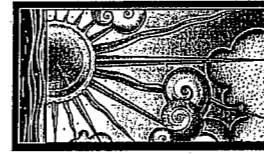
The Somerset County
Office on Aging is located at:
92 East Main Street, 1st Floor
Somerville, NJ 08876

Our hours of operation are:
Monday through Friday
8:30 am - 4:30 pm
(until 6:00 pm by appointment)

The assessment can be provided in the home, or for your convenience we can meet you at a nearby Multi-Purpose Senior Center, satellite office or neighborhood library.

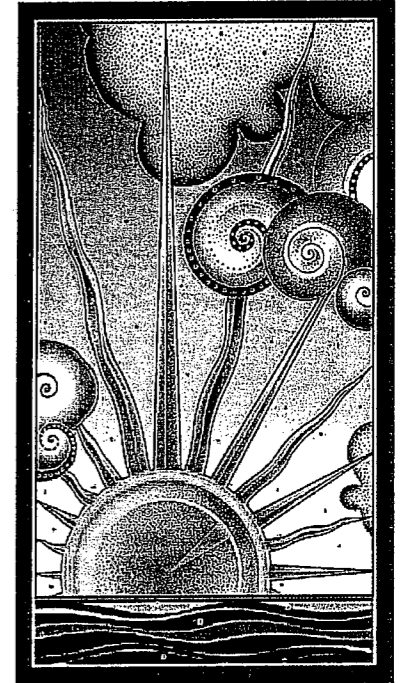
The programs offered by the Somerset County Office on Aging are funded by Title III of the Older Americans Act of 1965, as amended, through the New Jersey Department of Health and Senior Services, Division of Aging and Community Services and the Somerset County Board of Chosen Freeholders.

Somerset County Board of Chosen Freeholders
Rick Fontana, Director • Ken Scherer, Deputy Director
Denise Coyle • Peter S. Palmer • Robert Zaborowski



Somerset County
Office On Aging
P.O. Box 3000
Somerville, NJ 08876-1262

SOMERSET COUNTY
OFFICE
ON AGING



- *Are you age 60 or over?*
- *Do you feel isolated or lonely?*
- *Are you a caregiver to an elder friend or family member?*
- *Could you use assistance or support?*

We can help you!
1-888-747-1122



Who are we?

The Somerset County Office on Aging is the local agency which plans and coordinates services for adults age 60 and older. Our mission is to promote wellness and independence and to provide support for elders and their caregivers.

How can the OOA help me or my elder loved one?

The Office on Aging can help you or your elder loved one by assessing your current needs and making referrals for services and assistance.

We invite both elders and caregivers to read and answer the list of questions in the next column. If you answer yes to any of the questions, then the Office on Aging may be able to help you.

Questions for elders:

- Are you age 60 or over and living in Somerset County?
- Do you feel isolated or lonely?
- Would you like to socialize with others but cannot drive?
- Could you use assistance or support?
- Are you unable to cook meals for yourself?
- Are you concerned that you aren't getting proper nutrition?
- Do you need help managing a health condition such as diabetes, heart disease or hypertension?

Questions for caregivers:

- Do you provide care for an elder?
- Do you have little time for yourself or feel that your personal needs are not being met?
- Are you worried about an elder loved one who wants to stay in their home yet needs care and support to do so?
- Is caring for your elder loved one causing financial loss or absence from work?

What services do we offer?

The services offered through the Somerset County Office on Aging include:

- Meals on Wheels
- Senior grocery shopping
- Medical Transportation
- Senior Centers
- Chronic Disease Care Management
- Respite Care
- Legal assistance
- Benefits screening
- Caregiver support groups
- Caregiver education
- Mental health counseling
- Adult day programs
- Homemaker program
- Home health aide services
- Project Lifesaver
- Sorting out Medicare/Medicaid billing problems
- Clarification of Medicare/Medicaid policies
- Housekeeping
- Health & Wellness Promotion
- Telephone Reassurance
- Photo ID

What is the cost of the support services?

Most services offered through the Office on Aging are free to eligible clients. However, donations are always welcome from those clients who can afford to contribute. In addition, some programs have income eligibility requirements.

How do I obtain services for myself or for an elder loved one?

Call the
**Somerset County
Office on Aging
NJ EASE**

908-704-6346

or toll-free 1-888-747-1122

Monday through Friday

8:30 am to 4:30 pm

Our staff will answer your questions and can begin the process of connecting you to appropriate services.